

Rilla's Quick Low Carb Chili

Serves 6-8

Ingredients

3 lbs. ground beef, cooked and drained
1 bag fajita veggies, frozen
2-3 tablespoons butter
2-3 tablespoons Mexican seasoning*
1 quart box of beef bone broth
2 tablespoons tomato paste
Salt & pepper

Directions

Cook frozen veggies in butter over medium heat in a large saucepan on the stove. When veggies are thawed, add the rest of the ingredients. Stir to combine and cook at medium heat. Simmer for 15-20 minutes. Serve with cheese, sour cream, and fresh guacamole (found in the produce section).

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